



# G4/G2 5th Open European Para-Taekwondo Championships Warsaw, Poland 16 September 2016



5th Open European Para-Taekwondo  
Championships G4/G2  
Warsaw, Poland  
16 September 2016



## 1.PROMOTER:

### EUROPEAN TAEKWONDO UNION (ETU)

ADDRESS: Greece, Athens, 50 Skoufa str, 10672  
PHONE: + 30 211 012 35 92  
FAX: + 30 211 214 47 17  
E-MAIL: [etuoffice@mail.gr](mailto:etuoffice@mail.gr)  
WEB-SITE: <http://www.etutaekwondo.org/>

### EUROPEAN PARA-TAEKWONDO UNION (EPTU)

ADDRESS: Russia, Moscow, Iskry Street 31/1, 129344  
WEB-SITE: <http://www.paratkd.com/>  
PHONE: +7 8422 32 31 20  
FAX: +7 8422 32 20 48  
E-MAIL: [vlada.taekwondo@gmail.com](mailto:vlada.taekwondo@gmail.com)  
CONTACT PERSON: Vlada Latysheva  
CELL PHONE: +7 902 355 67 05

## 2.ORGANIZING COMMITTEE:

### POLISH TAEKWONDO FEDERATION

ADDRESS: Poland, Warsaw, Nowowiejska 5/44  
WEB-SITE: <http://www.new.pztaekwondo.pl>  
PHONE: + 48 22 840 45 57  
E-MAIL: [biuro@pztaekwondo.pl](mailto:biuro@pztaekwondo.pl)  
CONTACT PERSON: Mr. Lukasz Latala  
CELL PHONE: +48 509 347 107

## 3.DATE:

September 14, 2016 - Arrival day

September 15, 2016 – Registrations of teams and classification of para-taekwondo kyorugi and poomsae athletes

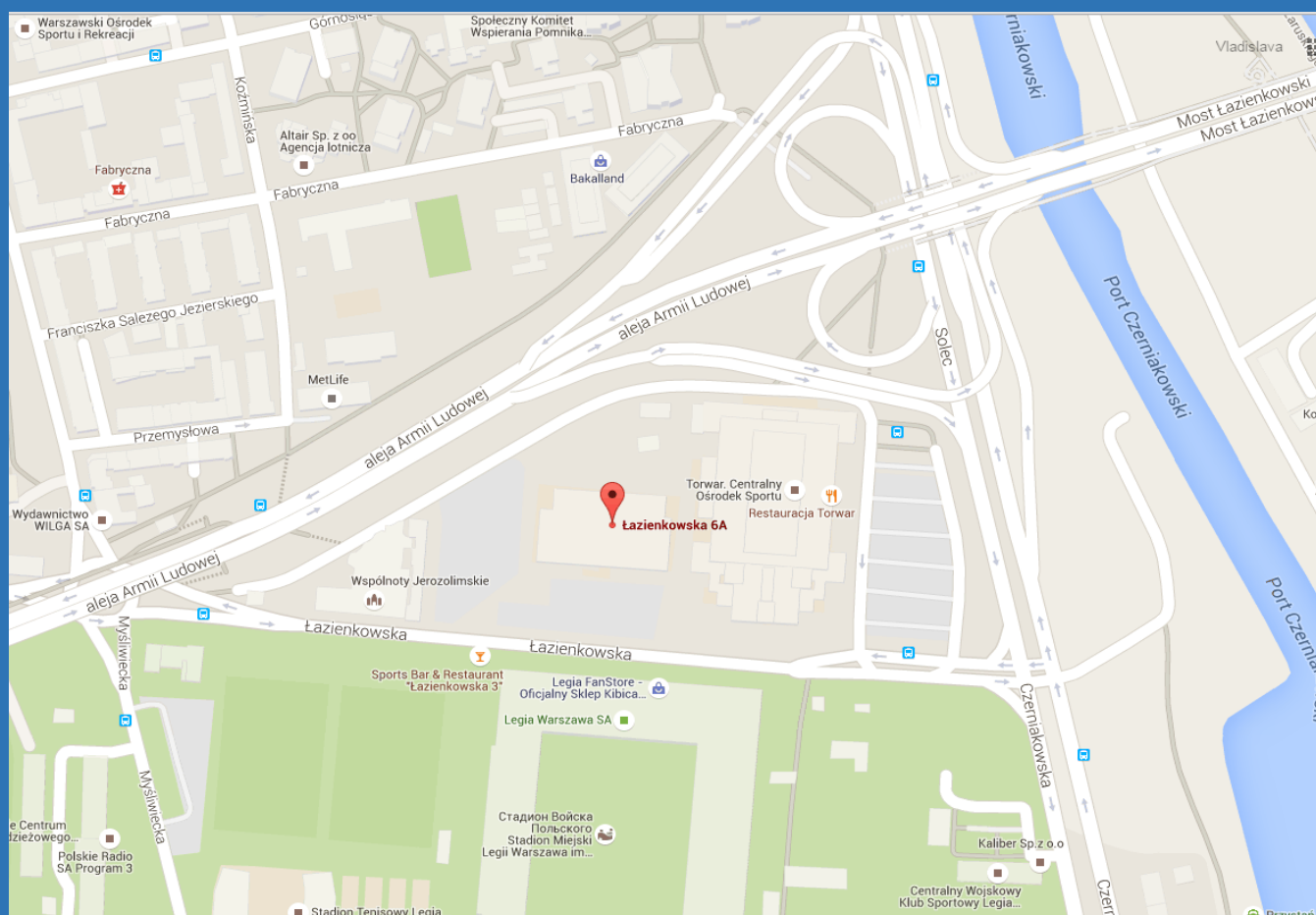
September 16, 2016 – Para-taekwondo kyorugi and poomsae championships

September 17, 2016 - Departure day



## 4. VENUE: SPORT HALL “TORWAR”

Address: Łazienkowska 6A, Warsaw, Poland



## 5. QUALIFICATIONS:

In accordance with *Article 4: Qualification of Contestant* and *Article 22: Para-Taekwondo* of the WTF Competition Rules, the contestant must be:

**CRITERION #1:** Holder of the nationality of the participating team

**CRITERION #2:** An athlete must be nominated by the pertinent national taekwondo

association that is recognized by the ETU and/or EPTU, National Olympic Committee and/or National Paralympic Committee.

**CRITERION #3:** Holder of 3-1 Gup recognized by WTF MNA or Dan/Poom recognized by Kukkiwon or WTF (\* A copy of the Gup/Dan certificate should be enclosed when registering for accreditation. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the



remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon Web site ([www.kukkiwon.or.kr](http://www.kukkiwon.or.kr)) for more information.)

**NOTICE:** “The 5<sup>th</sup> European Para-Taekwondo Championships holds a G4/G2 World Ranking and will be open to athletes from all corners of the world for Kyorugi (K40). Participants from the European continent will be counted towards the G4 World Ranking points. The G2 World Ranking is awarded to the participants from non-EPTU Member National Associations. Athletes with an intellectual impairment (P20) and motor impairment (P30) from around the world will be able to take part in the Para-Taekwondo Poomsae competitions.

**CRITERION #4:** Holder of valid WTF Global Athlete Licence (GAL). Any questions on the WTF GAL application please contact the WTF Global Licence Administration Manager at [gmsadmin@wtf.org](mailto:gmsadmin@wtf.org)

**CRITERION #5:** An athlete must be at the age of at least 16 years old of the 5th European Para-Taekwondo Championships. Athlete must be born **before December 31st, 2000**.

**CRITERION #6:** Athlete must go through classification and be assigned Sport Class and Sport Class Status before the competition. Classification of kyorugi athletes will be on **15 September, 2016**.

## 6. COMPETITION RULES

1) WTF Competition Rules & Interpretation effective as of January 1st, 2015.

2) WTF\_Para-Taekwondo\_and\_Deaf-Taekwondo\_Classification\_Rules\_and\_Regulations, in force as of January 16th, 2015

3) WTF Poomsae rules

\*\*\* Age categories will not be implemented for the para-taekwondo poomsae competitions of the 5th European Para-Taekwondo Championships.



## 7. KYORUGI AND POOMSAE EVENTS

### A. Kyorugi

The Para-Taekwondo Kyorugi (K40) competitions for athletes with a physical impairment is recognized by IWAS, the International Wheel Chair and Amputee Sport Federation.

<b>KYORUGI CLASSES</b>
K41
K42
K43
K44

### **Weight categories:**

<b>MEN'S EVENTS (3)</b>	<b>WOMEN'S EVENTS (3)</b>
UNDER 61 KG	UNDER 49 KG
UNDER 75 KG	UNDER 58 KG
OVER 75 KG	OVER 58 KG

\*\*\*Athletes that have previously gone through classification will have to be entered into the class where they have been classified in accordance with the "WTF Para-Taekwondo Classification Master List" as of May 1<sup>st</sup>, 2016 that is available on the WTF website at <http://www.worldtaekwondofederation.net/wtf-para-taekwondo-classification-master-list-as-of-may-1-2016/>

### B. Poomsae

The Para-Taekwondo Poomsae (P20) competitions for Intellectually Disabled athletes is recognized by INAS, the international sports federation for para-athletes with an intellectually disabled.

The Para-Taekwondo Poomsae (P30) competitions for athletes with a neurological impairment is recognized by CPISRA, the Cerebral Palsy International Sport and Recreation Association.

<b>POOMSAE CLASSES</b>	
P20	P30





## Categories:

MEN'S EVENTS	WOMEN'S EVENTS
P20	P20
P31	P31
P32	P32
P33	P33
P34	P34

\*\*\*WTF reserves the right to combine classes

\*\*\*A consolidated athlete will be declared winner of his/her respective class and category. He or she will need to compete in the class in which or she he has been consolidated into for further medals.

## 8. TEAM ENTRIES

### Athletes

In accordance with WTF Standing Procedures Article 6 each MNA **are allowed to enter as many athletes as they wish in each class and weight division** of the 5<sup>th</sup> European Para-Taekwondo Championships.

### Team Officials

The number of Team Officials are limited as follows:

Position	Max. number of members males	Max. number of members females
Head of team	1	1
Manager	1	1
Coach	2	2
Poomsae coach	1	1
Trainer	1	1
Poomsae trainer	1	1
Team doctor	1	1
Athlete kyorugi assistant	1/5	1/5
Athlete poomsae assistant	1/1	1/1

**\*All officials are required to hold a valid Global Official Licence (including athlete assistants)**



## 9. WTF GLOBAL LICENSE & ONLINE REGISTRATION

### WTF Global License Registration

1) All Athletes and Team officials **must FIRST be registered with a WTF Global Athlete License** (GAL) or Global Official Licence (GOL).

<https://www.hangastar.com/WTF/Login.aspx>? Contact your National Association for registration procedure.

2) Entry Registration: Entry will only be accepted through the WTF online registration system - WTF GMS.

<https://www.hangastar.com/WTF/Login.aspx>? Notice: There will be "NO" WTF Global Licence registration onsite. Please be sure you have valid GAL before you register.

## 10. ENTRY FEES

The OC shall collect the entry fees from the participating national teams. The national team shall pay an entry fee to the Organizing Committee **by cash in euros**, at the accreditation center BEST WESTERN HOTEL PORTOS – ul. Mangalia 3A in Warsaw, Poland prior to the start of the Championships.

Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

Entry fee shall be various according to the timing and situation of the submission of entry. Please read carefully the following guidelines.

**REGULAR ENTRY FEES:** The national teams completing their **registration before August 15, 2016** will be charged the regular registration fee in the amount of **60 euros per athlete**.

**\*\* At the close of regular registration of August 15, 2016 if the EPTU decides to implement an extension of the Registration Period,**  
**the following late registration dates and fees will apply \*\***



## LATE REGISTRATION FEES (if implemented)

The national teams failed to complete their registration till **August 15, 2016** will be charged the late registration fee in the amount of **100 euros per athlete**.

## ENTRY DEADLINES & IMPORTANT DATES

- i. Entry deadline is **August 15, 2016**. Entry submission after this date will be not accepted under any circumstances.  
Late replacement due to injury shall be handled case by case.
- ii. The registered athletes or team officials may be replaced without any penalty until **August 15, 2016**
- iii. Entry fee of 60 euro per athlete will not be charged in case of cancellation of participation until **August 15, 2016**
- iv. Entry fee must be paid in case of the cancellation of participating athletes after **August 15, 2016** or no-show.

### Athletes:

Member National Association can submit entry for an unlimited number of athletes. No entry will be accepted or modified during on-spot registration.

### Team officials:

Member National Association can submit entry for maximum one (1) Head of team per country, one (1) manager per team, two (2) coaches per team, one (1) team doctor per team, one (1) trainer per team, one (1) athlete assistant per 5 athletes on a team. In

case of exceeding this number, **75 euros** will be charged per person before issuance of the accreditation card. **75 euros** will be charged per team official in case of onsite registration without prior entry submission until **August 15, 2016**

Any changes or additions that are made to a national team list after **August 15, 2016** will be charged a **75 euros** penalty in addition to the registration fees. This penalty will be considered the onsite fee for approved additions or changes to the national team list.





## 11. CLASSIFICATION

### Kyorugi

Only athletes that has not previously been classified, i.e. **athletes with a New "N" Sport Class Status will be classified.**

Classification of Kyorugi athletes will take place on **September 15, 2016**. A schedule for teams and athletes will be set up by the EPTU/OC in consultation with the WTF and communicated to all teams in due course.

### Limb Deficiency (LD), Impaired Passive Range of Movement (PROM) (K40)

This group includes athletes with limb deficiency and impaired muscle strength, or loss of passive range of motion (PROM). The limb deficiency group includes individuals with traumatic amputations or dysmelia. The impaired muscle strength group includes loss of strength secondary to peripheral nervous system (PNS) damage or a brachial plexus lesion. The impaired strength group can also include ambulatory neurological impairments such as monoplegia, or mild hemiplegia. The loss of PROM can be due to joint contractures, joint abnormalities, or soft tissue restrictions. Finally this group could also include loss of great toe, or all of toes in one foot Minimal Impairment Criteria (MIC) Amputation/Dysmelia:

- Unilateral amputation, through or above wrist (i.e., no carpal bones present in affected limb). Arthrodesed wrist joints are not eligible.
- Unilateral dysmelia in which the length of the affected arm measured from acromion to finger tip is equal in length or shorter than the combined length of the humerus and the radius of the unaffected arm.



Athlete must meet one of the MIC as per below:

1. Must lose three muscle grades – e.g Daniels and Worthington grade 2 cannot complete one heel rise to 25 degrees. In lying may complete full range of motion with resistance.

(See Muscle testing Daniels Worthingtons 8th edition pp 229, 231)

2. Brachial plexus – loss shoulder abduction loss of three (3) muscle grade points of muscle strength and same for shoulder flexion

3. Loss of two (2) grade points of muscle strength in elbow flexion and extension

4. Meets one criteria for PROM restriction in either the lower extremity or upper extremity.

Weigh in of Kyorugi athletes will be held in connection with the classification.

### **Poomsae (P30)**

#### **Minimum Disability Criteria, Nuerological Impairments (P30)**

- Hemiplegic Spasticity Grade 1 to 2
- Monoplegic Grade 1 to 2 spasticity in major joint, either the ankle or the elbow
- Athetosis, Ataxia or Mixed Cerebral Palsy

This Athlete may appear to have near normal function when running but the Athlete must demonstrate a limitation in function to Classifiers based on evidence of spasticity (increased tone), ataxia, athetosis or dystonic movements while performing on the field of play or in training. The Athlete may walk with a slight limp but runs more fluidly.

### **Pre-Screening Classification**

In the case that you are uncertain if your athlete will meet the Minimal Impairment Criteria (MIC) for participation in the K40 or P30 classes please contact the WTF at [para-tkd@wtf.org](mailto:para-tkd@wtf.org) and a classification pre-screening can be made to help advise you if the athlete will meet the MIC or not.

Please be advised that Pre-Screening does not replace classification and that the athlete will still have to go through classification at the championships.



## Poomsae (P20)

Intellectually Disabled (ID) athletes require INAS provisional eligibility as seen on the INAS Master list

<http://www.inas.org/technical/eligibility-and-classification/inas-master-list/>. Applications for INAS provisional eligibility shall be made through the INAS member organizations which can be found on the following link: <http://www.inas.org/about-us/member-organisations/>. In the case that a WTF MNA does not have an INAS member organization the application for provisional eligibility can be processed through the WTF. **We ask that you get this process started as soon as possible as it can take INAS up to 30 days to process your applications.** For more information see the following links:

Application information: [http://www.inas.org/wp-content/uploads/2013/01/Provisional-](http://www.inas.org/wp-content/uploads/2013/01/Provisional-Reg_form_Guidance_Notes_v1_Jan13.pdf)

[Reg\\_form\\_Guidance\\_Notes\\_v1\\_Jan13.pdf](http://www.inas.org/wp-content/uploads/2013/01/Provisional-Reg_form_Guidance_Notes_v1_Jan13.pdf)

Application form: [http://www.inas.org/wp-](http://www.inas.org/wp-content/uploads/2013/01/Provisional-Reg-form-v1-Jan13.pdf)

[content/uploads/2013/01/Provisional-Reg-form-v1-Jan13.pdf](http://www.inas.org/wp-content/uploads/2013/01/Provisional-Reg-form-v1-Jan13.pdf)

## 12. COMBINATION OF CLASSES AND DIVISIONS

The EPTU reserves the right to combine classes and divisions in the case of insufficient participation. Combination of classes and/or divisions will be made by WTF Head of Classification. In the case of insufficient number of athletes, participating in a sport class consolidation of classes shall be made as follows:

Kyorugi:

K41 → K42

K42 → K43

K43 → K44

Poomsae:

P31 → P34

P32 → P34

P33 → P34

**\*Once an athlete has been consolidated into another class he/she will compete for medals in that class.**



## 13. CONDITIONS OF PARTICIPATION

A. Round trip airfare and accommodation: Round trip airfare and accommodation charges of room and board shall be borne by the participating Member National Association.

B. Entry fees: The OC shall collect the entry fees from the participating national teams. The national team shall pay an entry fee to the Organizing Committee **in cash in euros** only at the accreditation center BEST WESTERN HOTEL PORTOS – ul. Mangalia 3A in Warsaw (Poland) prior to the start of the Championships. Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

C. Ground Transportation: Ground transportation will be provided for national teams on arrival and departure, provided that the Organizing Committee has been informed of the date, time, and flight schedule of the national team at the latest by the designated deadline (**August 15, 2016**). The Organizing Committee will also provide ground transportation to and from all Official hotels, training venue and the venue provided that the national teams stay at the Official hotels.

**D. Notice:** Entries are to be made in accordance with the WTF Para-Taekwondo Classification Master List. Entries of athletes into the wrong classes will be automatically corrected.

## 14. RESULTS

**1st PLACE:** GOLD MEDAL & CERTIFICATE

**2nd PLACE:** SILVER MEDAL & CERTIFICATE

**3rd PLACE:** BRONZE MEDAL & CERTIFICATE

**3rd PLACE:** BRONZE MEDAL & CERTIFICATE

Based on the point system, the top three (3) teams of the Men's division, the top three (3) teams of the Women's division and top three (3) teams overall will receive cups for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places.

## 15. RECOGNIZED TAEKWONDO UNIFORM (DOBOK) AND PROTECTIVE EQUIPMENT



- i. Participating contestants are required to wear ETU-recognized doboks\* and ETU-recognized protective equipment. The latest version of ETU-recognized manufacturers' list is available at the website of ETU (<http://www.etutaekwondo.org>).
- ii. The Organizing Committee will provide head protector and Protector and **Scoring System (PSS) DAEDO** to the participating contestants. Sensor socks with the heel sensor will be allowed. Participating contestants are required to bring their own groin guards, mouthpieces, gloves, sensing socks and shin and forearm guards for their personal use.
- iii. Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their doboks and protective equipment. Any contestant who wears unofficial doboks or protective equipment will not be permitted to compete.

**\*Note that Article 22.2 of the WTF Competition Rules shall apply**

## 16. HOTELS

Accommodation charges for room and board of the teams will be born by the participants and paid directly to the hotel Travel Agency by bank transfer, or credit card.

The Hotel reservation should be done through the <http://www.5th-eptc.com/>

**IMPORTANT:** Hotel rooms are blocked till 31.07.2016 for the price as follows:

- Hotel PORTOS: 68 euro/single room/night, 90 euro/twin room/night, 115 euro/triple room/night
- Hotel ATOS: 68 euro/twin room/night, 95 euro/triple room/night

The OC does not guarantee rooms availability and the above prices for any reservations done after this date.

## 17. TRANSPORTATION

The Organising Committee will arrange transportation from Warsaw airport on the days of arrival/departure to the official hotels and back





as well as the local transfer between the hotels and SPORT HALL "TORWAR". You must confirm your Flight Schedule before arrival by filling in the Transportation Form (available on <http://www.5th-eptc.com/>) and submit to: [biuro@attis.net.pl](mailto:biuro@attis.net.pl)

**IMPORTANT:** Transfers airport-hotel- airport are subject to additional payment. Calculations will be made for every individual National Team separately.

Transportation forms for transfer reservations will be accepted only before 07.09.2016. Free transfer (hotel-venue-hotel) will only be organized for the teams that have made the hotel reservation via <http://www.5th-eptc.com/>.

Contact person for transport reservation: Ms. Katarzyna Lewandowska, tel.: +48 728 492 862

## 18. VISA

The Organizing Committee can provide invitation letters for visa applications.

MNA's are required to check the Polish entry visa application waiting times in their own countries and submit requests for invitation letters to the Organizing Committee:

Polish Taekwondo Federation

ul. Nowowiejska 5/44

00-643 Warszawa, Poland

[biuro@pztaekwondo.pl](mailto:biuro@pztaekwondo.pl)

MNA's are requested to complete the visa application invitation form (Visa Request Form is available at <http://www.5th-eptc.com/>) and send it to the OC with passport copies of all team members at least two weeks before the waiting time deadline in their own country on [biuro@pztaekwondo.pl](mailto:biuro@pztaekwondo.pl).



## Schedule of events (Draft: Poland)

Date	Time	Event	Place
September 13	-	Classifiers arrival date	-
September 14	<b>07:30-18:00</b>	<b>WTF Classification Course (Theoretical Part)</b>	
	12:00-18:00	Team arrival and registrations	
	19:00-20:00	Introduction to Classification for Team Managers and Coaches	
September 15	<b>08:30 - 17:00</b>	<b>WTF Classification Course (Practical Part) + Classification of Kyorugi athletes (according to given schedule to teams)</b>	
	09:00 - 14:00	Weight-in	
	18:00 - 21:00	Referee meeting and training	
	21:00 - 21:30	WTF Classifiers meeting	
	21:30-22:30	Head of team meeting and drawing of lots	
September 16	<b>09:00 - 20:00</b>	<b>WTF Classification Course (Observation part)</b>	
	09:00 - 12:00	Preliminaries	
	<b>12:00 – 13:00</b>	<b>Opening ceremony</b>	
	13:00 – 14:00	Lunch	
	14:00 – 17:00	Semi-finals	
	17:00-20:00	Finals	
	20:00 – 21:00	Awarding ceremony	
September	-	Departure day	-



## Additional links:

EPTU website: <http://paratkd.com>

EPTU twitter: <https://twitter.com/ParaEPTU>

Event website: <http://www.5th-eptc.com/>

EPTU Facebook page: <https://www.facebook.com/europe.paratkd>

EPTU Facebook group: <https://www.facebook.com/groups/1482449018728021>

